Secondhand smoke exposure and self rated health among young adults in the San Francisco Bay Area

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Introduction

- Secondhand smoke exposure is highly prevalent among non smokers and is a major risk factor resulting in compromised health
- Environment is an important factor in considering the distribution of secondhand smoke exposure, as young adults see higher exposure at home and at work

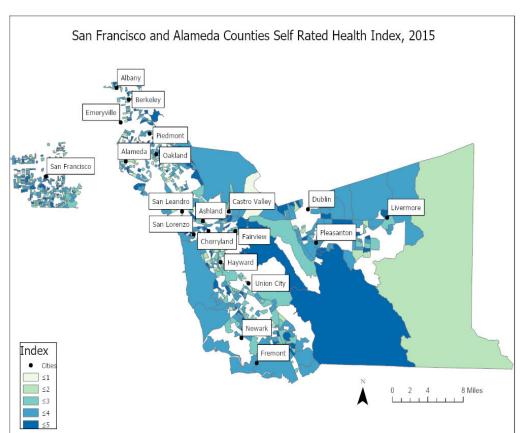
Research Questions

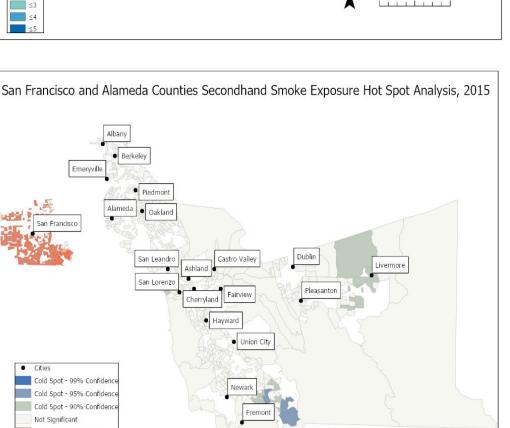
- Is second-hand smoke exposure related to self rated health in San Francisco and Alameda counties?
- What is the spatial relationship between these two variables?

Methods

Data Sources:

- 2015 Neighborhood determinants of Young Adult Health Study:
 - Block Group Level neighborhood assessments (N=132)









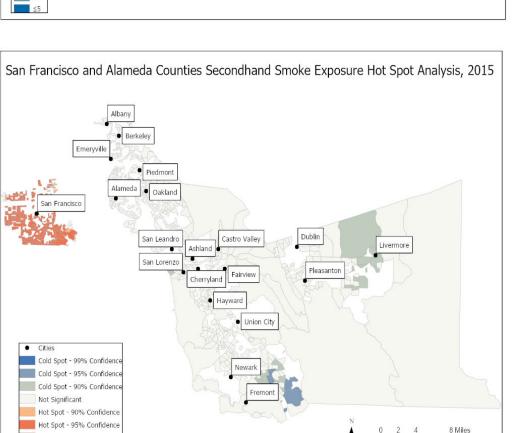


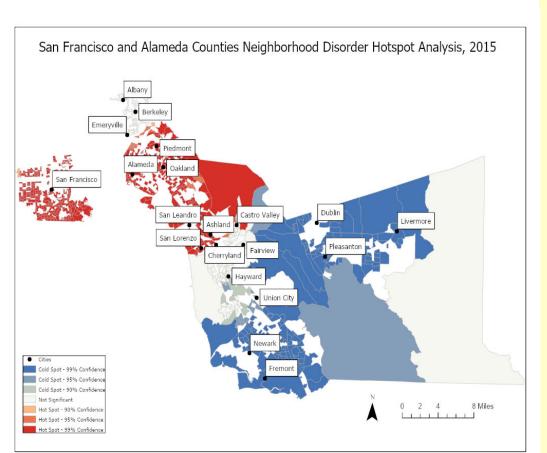
Results

- Dublin, Livermore and Pleasanton in Alameda county have higher self rated health indices and secondhand smoke exposure is reported less
- San Francisco has a high density of reported secondhand smoke exposure
- All of San Francisco county and the northern part of Alameda county have high levels of neighborhood disorder compared to the surrounding areas

Discussion **Implications**

- Young adults in San Francisco, where self-rated health is relatively low, may have high risk for secondhand smoke exposure.
- Neighborhood disorder may promote secondhand smoke exposure
- The areas where the selfrated health index is higher are less likely to have reported exposure to secondhand smoke





San Francisco and Alameda Counties Self Rated Health Hot Spot Analysis, 2015